

Discover our new virtual health care service

We are pleased to offer free unlimited access to virtual health care, 24/7. With EQ Care services, our health insurance clients will be able to take care of their medical needs, no matter the circumstances.



What services does EQ Care offer?



Consultations with doctors and medical follow-ups



Transmission of prescriptions to the pharmacy and and examinations home delivery of medication



Prescription of medical tests and follow-up of results



Personalized treatment plans



Referrals to other specialists

Services are available in English and in French.

Advantages of virtual health care

Safe, confidential, and easy to use, this service allows you to access health care whenever you need it.

- Consult a doctor in the comfort of your home
- Avoid wait times at the clinic

- Get quick appointments with doctors
- Access your medical file online at all times



EQ Care expertise

EQ Care is a Canadian company with over 30 years of experience in the health care field, supported by a large network of health professionals to assist its clients across Canada.

How does it work?

Accessible from a computer or mobile device, registration is done in a few simple steps. Make sure to have an electronic copy of a valid photo ID (e.g. health insurance card), as you will need it to authenticate yourself.





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Click on Create your patient account.

Enter the group number 9255 and the personal coverage identifier*.

*Your personal coverage identifier corresponds to your 8-character insurance contract.

Create an account

Only the insured will have access to the virtual health care service with an individual-type contract.

The insured and his family will have access to the virtual health care service with a family-type contract. The primary insured must create the account.

Request a consultation

Describe your symptoms to a care manager and get an appointment with a doctor.

You can also download the EQ Care app from the App Store or Google Play.





Who can benefit?

The virtual health care service is offered free of charge to clients with one of the following benefits*:

Health care (Extended Health Care, Hospitalization and Prescription Drugs) Disability (Disability Insurance, Mortgage Disability and Monthly Indemnity)

*Certain conditions apply.



To access the virtual health care service

Contact your advisor

To get help on the EQ Care portal

Call 1-855-449-4994 or write to support@eqcare.com

To learn more

Visit the on.bluecross.ca/virtual-health-care

